

No need to erase memories to cure PTSD, says independent Mental Health Foundation

New treatment is available globally

By Frank Hermesdorf
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Melbourne, Australia – A few days ago, *The Telegraph* reported that researchers from the University of Toronto were considering erasing the memories of soldiers suffering from Post-Traumatic Stress Disorder ('PTSD'), in order for them to have a "normal" life without the long-term use of dangerous drugs. While, it's great scientists are searching for alternatives, how can someone have a "normal" life without knowing their past? And is the theory that only a few brain cells hold a specific memory true? What about the scientific theory, that memories are not only stored in the brain but in every cell of the body, as receivers of transplanted organs will attest to?

Have no fear! There is no need to discuss these contradicting theories as there is already a solution for the problem – there is a cure for PTSD.

The Janrua Foundation is a mental health organisation that specialises in evaluating competing therapies for psychological conditions. What makes this foundation unique is that they not only consider therapies researched by academics, but also therapies researched by independent mental health professionals. Janrua recognises that, although independent researchers don't formulate theories based on laboratory experiments or other academics theories, they do have a great deal of experiential evidence, that is, from their clients.

In their search for a cure for PTSD, the Janrua Foundation came across the "Your Envisioned Mind" process developed by independent researcher, Beverley Searle, in South Australia.

Beverley possesses 4 academic titles, several national awards (particularly for volunteering) and is an Amazon best-selling author. Most importantly, however, she has an incredibly passionate personality and has spent every spare moment researching leads and data, attending conferences, speaking with other researches and working with thousands of people that have experienced trauma and adverse events in their lives. For the last 20+ years she tests, and tests, and continuously tests her latest findings in order to adjust, fine-tune and better her therapy day-by-day.

Beverley states:

"As an independent researcher who has been involved in the mental health sector for over 20 years, I have come to see that most people that have experienced adversity or trauma do not get well! They may be stabilized with drugs, but the flashbacks still

happen. The resulting depression, anxiety, stress etc. continues to affect their lives and that of their loved-ones, and they rarely reach their full potential, being held back by these negative events, and the inability to get past them! I constantly questioned this. There must be a way; there must be a better way other than drugs!

However, Beverley believes talking therapy doesn't help either, because traumatic events are stored in the limbic system. The limbic system does not comprehend language or the meaning of time, it only communicates in pictures. Because it activates our survival (fight/flight) reaction, it is our first reaction to any perceived danger. As time is of essence in a dangerous situation, it acts out even before one can have a conscious thought about the threat.

One doesn't need to be a scientist to understand that, if the part of our brain that stores our traumas doesn't understand language and acts before one has a conscious thought (or applies a new learnt behavior), talking to it is pretty useless.

Besides, people do not want to re-live the pain of their trauma again and again. They wish to forget the pictures and get rid of them for good. And that is exactly what the "Your Envisioned Mind" process, developed by Beverley, does. It removes the traumatic pictures from the limbic system, fast and for good!

No need to use drugs or kill off your memory. This treatment is amazingly simple, efficient and can be received at the comfort of one's own home via the internet.

In this regard, Your Envisioned Mind is not only a treatment, it's also a very pleasant and empowering experience, that leaves the person with the knowledge to address, master and be ready for almost anything that life could possibly dish out in the future.

And it is needed!

Australia has lost more soldiers to PTSD-related suicide in the first half of 2016, than in the **total 5 years spent in Afghanistan**. It's unlikely that the US or the UK will have a different statistic. Add to this the traumatic experiences that policemen, firemen, emergency crews, ambulances, nurses and doctors are going through, or those that have been abused in any shape or form, and it is clear we are talking about millions of people around the world in need of a life-line.

There is absolutely no statistical evidence that any of the academic therapies used by governments today have made a significant, positive impact on those suffering from PTSD. Yet Your Envisioned Mind is an available process that shows amazing results in the trials conducted both in Australia and the US. What are we waiting for?

About Your Envisioned Mind

Your Envisioned Mind Pty Ltd (<https://youenvisionedmind.com/>) is a not-for profit organisation based in Melbourne, Australia that has acquired the global licence to use the process researched, developed and fine-tuned by independent researcher Beverley F Searle (<https://www.linkedin.com/in/beverleyfsearle>).

About The Janura Foundation Ltd

The Janura Foundation Ltd (<http://janruafoundation.org/>), is a charity that evaluates Mental Health Modalities globally and considers the Your Envisioned Mind as the best treatment available for Post-Traumatic Stress Disorder.

The Author

Frank Hermesdorf (<https://au.linkedin.com/in/frankhermesdorf>) is a conservationist, community developer, global business adviser, and board member of several charities. He cares about people and wishes to empower them to master and ultimately remove their emotional and mental challenges.

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